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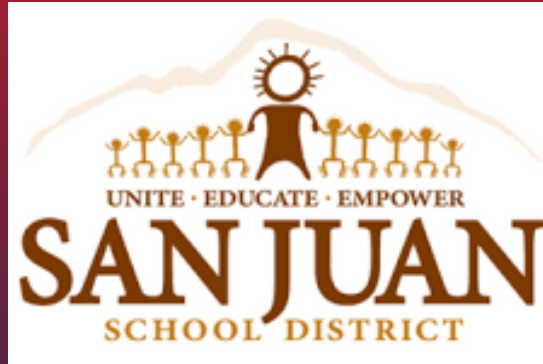
- Multi-Tiered School Mental Health Programs
- Multi-Tiered Behavior Supports & Consultation
- Integrated Public School Day Treatment Programs
- Professional Development
- Functional Assessment & Function-Based Treatment Planning
- Teleconsultation & Telehealth



What is the Utah School Mental Health Collaborative?



The **Utah School Mental Health Collaborative** is a state-wide project advancing and aligning school mental health infrastructure by providing school districts across Utah the technical assistance and training to develop effective **mental health** systems in their schools. The **primary** goal of the Collaborative is to **facilitate** the schools' existing **multi-tiered system of support (MTSS)** framework for mental health service provision.





UTAH SCHOOL MENTAL HEALTH COLLABORATIVE: SCHOOL DELIVERABLES



SOCIAL MEDIA DELIVERABLES

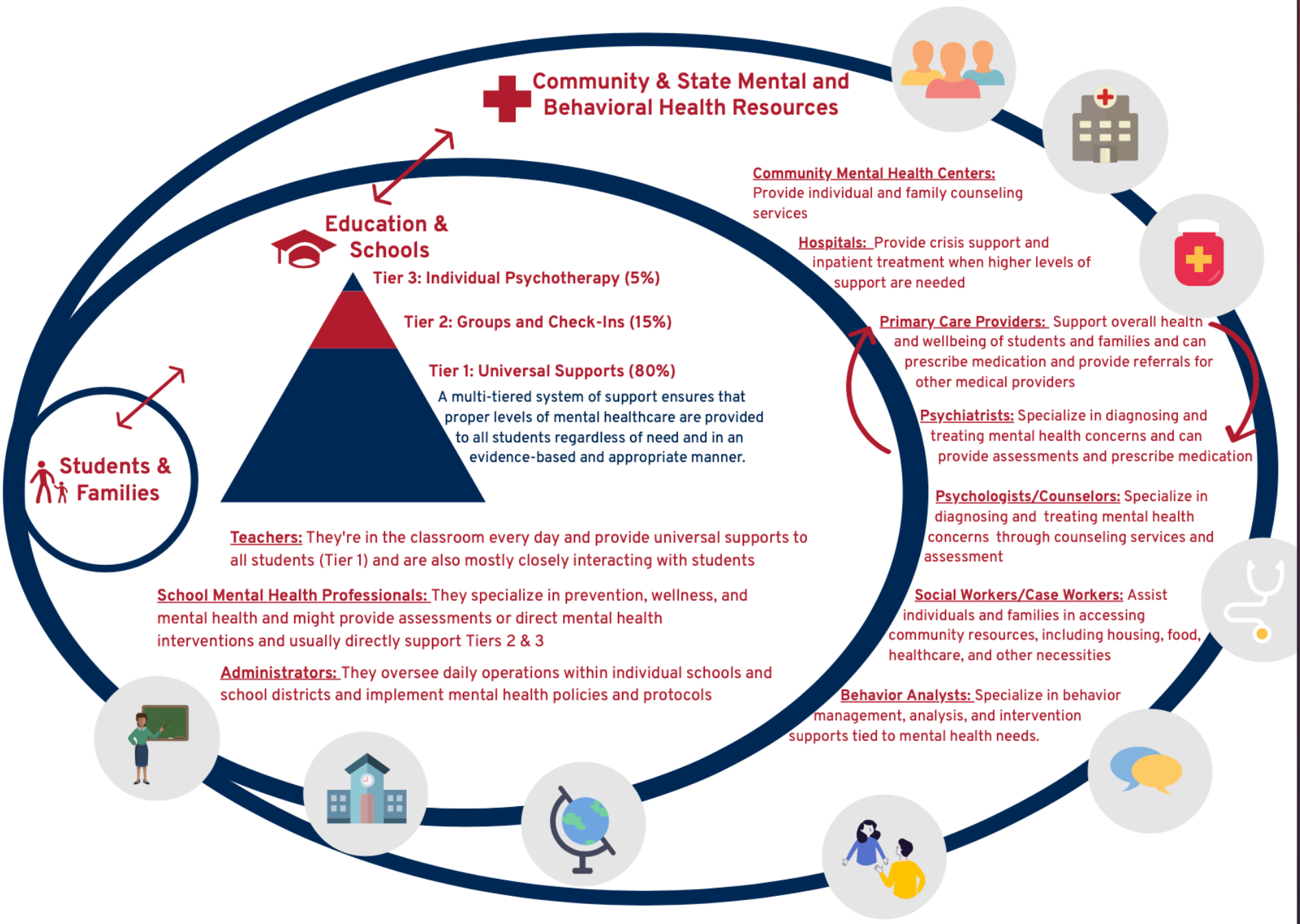
- Create **social media accounts** for each school
 - **Twitter**
 - **Instagram**
 - **FaceBook**
- Train schools on **presence and engagement** on **social media**
 - **Follow** community to increase engagement and collaboration
 - **Participate** in monthly Twitter chats
- Monthly check-ins with schools to support social media **engagement, presence, and trouble-shooting**



SCHOOL WIDE DELIVERABLES

- Create mental health collaboration **Well-Being Teams (WBT)** per school.
- **Conduct school mental health quality assessment** at the start of the school year, mid-school-year, and end-of-the-school-year.
- **Train and support** teachers and staff to implement mental health work with students (e.g., training teachers and support staff).
- Engage in monthly webinar discussions and **professional development sessions** for school staff and members of WBTs.
- Host **meetings, twice per month**, with each school team to:
 - Discuss **management and implementation of mental health and wellbeing services**
 - **Discuss cases** and referral to services, as needed
 - Host or conduct **school-wide quarterly training** on mental health and wellbeing-related topics.
 - **Help create partnerships with community health providers**
- Conduct **school-wide wellbeing screeners, three times** per school year.
- Create menus of **evidence-based** and feasible **social-emotional learning (SEL) content** and **protocols** for service providers to use with students.
- **Support** teachers with **SEL implementation**.
- **Consult** with teachers on **student mental health needs**.
- Provide **psychiatry consultation** and **medication management supports**.







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- Monument Valley High
- Montezuma Creek High
 - White Horse High
 - San Juan High
 - ARL Middle